C:\Users\Asus\AppData\Local\Microsoft\Windows\INetCache\Content.Word\Layer 3.png

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| **جـــــــــدول ساعات مطالعــــــــــه** | | | | | |
| هفته  درس | هفته  1 | هفته  2 | هفته  3 | هفته  4 | جمع  ماه |
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| اهداف مطالعه **ماه** **.........** | |
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| نتایج آزمون‌ها | |
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| **جـــــــــدول پیش‌بینـــــــــی** | | | | |
| هفته  درس | هفته اول  از ...... تا ..... | هفته دوم  از ...... تا ..... | هفته سوم  از ...... تا ..... | هفته چهارم  از ...... تا ..... |
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